



## **Pet Quality of Life Scale and Daily Diary**

Directions: Use the key factors of quality of life below to help assess your pet's condition. Use the Daily Diary to keep track of your pet's progress. Fill in the appropriate number for each category and then add the numbers from each category for that day.

### **MOBILITY**

- 2 Good Mobility-** No difficulty getting around, enjoys walks and going outside
- 1 Poor Mobility-** Difficulty getting up, hard to get in position to eliminate, short walks only
- 0 Bare Minimum Mobility-** Needs assistance, pain medication/anti-inflammatory medications do not help.

### **INTERACTION/ATTITUDE**

- 2 Interacts normally** with family and other pets
- 1 Some interaction** with family and other pets
- 0 Hides** in the closet or under the bed and isolates themselves

### **NUTRITION**

- 2 Good Appetite**
- 1 Poor Appetite-** Hand feeding, needs enticing
- 0 No Appetite**

### **HYDRATION**

- 2 Adequate Intake**
- 1 Poor Intake** or increased in some patients with particular diseases
- 0 Requires assistance** (subcutaneous fluids)

### **ELIMINATION**

- 2 Normal** urination and/or defecation
- 1 Reduced/Irregular** urination and/or defecation
- 0 None**

### **FAVORITE THINGS**

- 2 Normal** favorite activities, hobbies, etc
- 1 Decrease** in doing their favorite things
- 0 No interest** in their favorite things

#### **EXAMPLE SCALE IS AS FOLLOWS:**

**9-12..... Everything is okay**

**6-8.....Requires intervention**

**< Or = 5.....Consider humane euthanasia**

